

Oct - Menu 2019



A.M. Snack 07:00 am to 08:00 am

- Mon - Bagel w/cream cheese
- Tue - French toast w/applesauce
- Wed - Cereal w/bananas
- Thu - Waffles w/strawberries
- Fri - Cereal w/blueberries

*****Served with Milk and Water*****

P.M. Snack 02:30 pm to 03:00 pm

- Mon - Animal crackers w/applesauce
- Tue- Chex mix w/oranges
- Wed - Saltines w/ turkey & cheese
- Thu - Graham crackers w/bananas
- Fri - Goldfish crackers w/yogurt

*****Served with Apple Juice and Water*****

Monday	Tuesday	Wednesday	Thursday	Friday
30	1	2	3	4
Lasagna pasta, french bread, mixed veggies & peaches.	BBQ bites, mashed potatoes & pineapple.	Soft chicken taco w/cheese, carrots & pears.	Turkey dog w/mac & cheese, green beans & apple sauce.	Cheese pizza, salad w/ranch & fruit cocktail.
7	8	9	10	11
Mini pancakes, turkey bacon & fruit cocktail.	Bean & cheese quesadilla, corn & pineapple.	Spaghetti meatballs, broccoli & apples.	Chicken nuggets, mashed potatoes & peaches.	Hamburger pizza, mixed veggies & pears.
14	15	16	17	18
Soft Chicken taco w cheese, carrots & fruit cocktail.	Hot dog, salad w/ranch & peaches.	Meatballs w/tomato sauce, tater tots, mixed veggies & pineapple.	Toasted turkey wrap, broccoli & pears.	Fish sticks, mashed potatoes, green beans & apples.
21	22	23	24	25
Biscuits w/jelly, turkey bacon & fruit cocktail.	Soft beef taco w/cheese, carrots & pineapple.	Chicken alfredo, french bread, green beans & peaches.	BBQ bites, mashed potatoes & pears.	Spaghetti meatballs, broccoli & apples.
28	29	30	31	1
Chicken nuggets, mashed potatoes & peaches.	Bean & cheese quesadilla, corn & pears.	Grilled cheese, mixed veggies & pineapple.	Mini pancakes, turkey bacon & apples.	Cheese pizza, salad w/ranch & fruit cocktail.
Lunches served with Milk and Water				